

IN
SEARCH
of the
ULTIMATE

RRGG A S M

Frustrated that sex wasn't bringing her the elusive orgasms she craved, **Julie Buntin** unlocked her O with a little help from an unexpectedly arousing plaything. Maybe her story will inspire you to discover the sexcessories that will change your life.

I was 22 years old in a shower in Paris when I had my first orgasm. There was no man in sight—just a phallic, plastic shaft the same color as a blue raspberry Blow Pop. In that steamy (literally) moment, the Blueberry Bliss vibrator changed my sexual life.

Before Blueberry, sex was pure frustration. "You like that?" guys would ask from between my legs. "Um, keep going," I'd instruct, as clueless boyfriends rubbed everywhere but my clitoris. Occasionally, someone would get close—but I'd always stop him by faking an orgasm (lots of loud puppyish noises did the trick) just as the sensation started to get really intense. The truth is, I was scared. Although I lost my virginity at 15 and always had boyfriends, I never really masturbated. I spent more time fantasizing about crushes falling in love with me than discovering what I found arousing. Tapping into my own pleasure seemed less motivating than making myself into what guys wanted. Plus, being an orgasm virgin made me afraid of my body. *If I come, will I pee?* I wondered. Sometimes, it felt like I might.

By my 20s, I knew I was missing out. "Maybe I've had an orgasm," I'd say to friends. "If I think I have, I probably have... right?" They stared at me with pity. One Sunday, my best friend dragged me to Babeland. I chose the Blueberry Bliss Turbo Glider because it was the cheapest, and I promptly hid it deep in my closet from my then live-in boyfriend. I continued to fake orgasms with him and then felt resentful about the fact that he got a lot more pleasure from our sex life than I did. A few days before traveling to Paris for a summer study-abroad trip, I slid Blueberry into my suitcase on a whim.

Was it in the spirit of trying new things that I whipped it out and took it with me into the shower? More likely, it was because I was finally alone. I stood there, water streaming down my face, rubbing the vibrator (on medium speed) in a circular motion on my clitoris until, miracle of miracles, my mind went blank and my entire body turned to fizz. I let out a soft little "oh," more of a choke than a moan. Do you even need to ask how I spent the rest of my summer in Paris? There were no guys involved, but I was coming daily.

It took getting myself off to learn that sexual chemistry requires a give and take. Once I knew how I liked to be touched, I dropped the fake porny act and realized that compromising my own pleasure for the sake of someone else's feelings was only going to hurt my relationships. Ultimately, this led to breaking up with the boyfriend, who could never get the job done, even after I figured out how to explain what turned me on. Without Blueberry, I might still be with him. Happily, I now have mind-blowing orgasms with other human beings. In fact, I hardly ever use Blueberry anymore. But we'll always have Paris.

Julie Buntin is a New York-based writer of embarrassingly personal stories she hopes her mother never reads.

MEET YOUR ORGASM SECRET WEAPONS

When it comes to the wild thing, Meg Ryan at-the-deli-level orgasms are all too rare. The majority of women (as in, a solid 75 percent) don't orgasm from intercourse alone, according to decades of studies. That's where a new crop of sleek sex toys comes in as eye-opening, O-inducing sexual game changers. Whether you're taking your pleasure into your own hands or playing with a partner, it's time to feel the buzz on the best (Cosmo staff tested!) vibrators, bullets, and yes, fluttering oral-sex simulators out there. **BY MICHELLE RUIZ**



So...sex toys sort of scare you. Not to worry: Introducing a motorized device to your Delicate Flower can be a downright delightful experience with these small, sweet products for beginners.

Recommended for naughty newbies!



1 BABELAND SILVER BULLET
(\$15, babeland.com)

"Two inches of pure sexual secret weapon. Use it alone, or pulse it on your clitoris during sex. Turn the speed up and never fake an orgasm again. It's the little black dress of sex toys. Everyone needs one." —Ann M., 32*

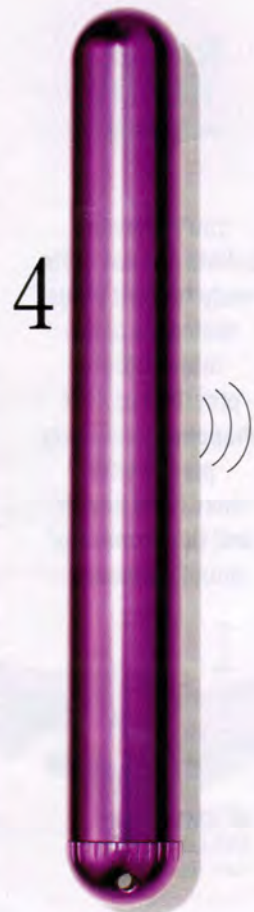
2 FUN FACTORY UFO
(\$80, edenfantasys.com)

A futuristic take on the traditional bullet. "Like the sex-toy equivalent of E.T., it quietly phones home—I put it on the highest power and let the flat spaceship side rove on my clitoris during a...solo expedition," reports Genevieve S., 21. Plus, it powers up via a magnetic charger—no batteries necessary—so it'll never die right before you're about to lift off.



3 CRAVE DUET
(\$149, lovecrave.com)

Nestled in a lipstick-size case and billed as quiet enough to use in a library, it's stealth like a Bond weapon—no one would guess it's a mini-vibrator with two prongs designed to hug your clit sensually. "It feels like *buttah*, and even the lowest setting packs a punch," notes Bridget M., 27. Its velvety tips also work on nipples and balls. As you do....



4 JIMMYJANE LITTLE CHROMA
(\$125, jimmyjane.com)

If metallics are the new neutrals, this chic sexcessory—intended for light labia buzzing or internal G-spot exploration—is so now. A gentle vibe with one speed, it's smooth, skinny, and ideal for newcomers. "It's the perfect size for my hand. The big draw is that it's waterproof. I got a nice steamy, solo shower going, turned it on...and then turned myself on," says Audrey B., 24.

Lipstick that gets you off? Please and thank you.



*Names have been changed to protect the not-so-innocent.

SHHH...SECRET SEX TOYS

Fool the snoops in your life with these covert (even cuddly!) orgasm gadgets. We won't tell a soul.



(A) **SQUEEL 2** (\$59, babeland.com): Looks like a personal fan. Actually: a cunnilingus simulator! "I loved this Thumbelina-size Ferris wheel of silicone tongues," reports Andrea F., 31. "One of its seven settings is perfectly melodic and sensual." Second only to a real, live tongue. (B) **KANDI KISSES LIPSTICK VIBE** (\$59, bedroomkandi.com): Thank *Real Housewives of Atlanta* diva Kandi Burruss for this "perfect mini-vibe." —Lisa A., 26 (C) **I RUB MY DUCKIE** (\$35, adameve.com): "I started using the bill on my clitoris in the shower, but I liked the way the tail felt better!" —Amanda J., 22

BEN GOLDSTEIN/STUDIO D



You're beyond bullets but not quite ready for butt plugs. Welcome to the intermediate playfield of XXX shopping—naughty pieces with next-level power and the promise of double orgasms.



1 JIMMYJANE HELLO TOUCH (\$65, jimmyjane.com)
Meet the *Iron Man* glove of sex paraphernalia: two tiny fingertip vibrators that attach to your hand via a futuristic wristband. "I rubbed it against my boyfriend's nipples and penis, and then he got adventurous all around my lady space," says Jo B., 22. "The finger vibes are teeny but powerful. Who knew that it's actually very exciting when a guy gets you off with a robot hand?"



2 BLUSH EVE'S RABBIT (\$70, blushnovelties.com)
The iconic, addictive sex toy hops on—with four speeds and five rows of pleasure beads. "At first glance, it looks intimidating...but once you get down to it, the shaft and the ears hit right where they need to for an ideal, double-the-fun orgasm," says Missy K., 28. Just note that it doesn't go quietly into the night: The Rabbit "is decently audible, which might make your roommate start to wonder what you're doing," she says.

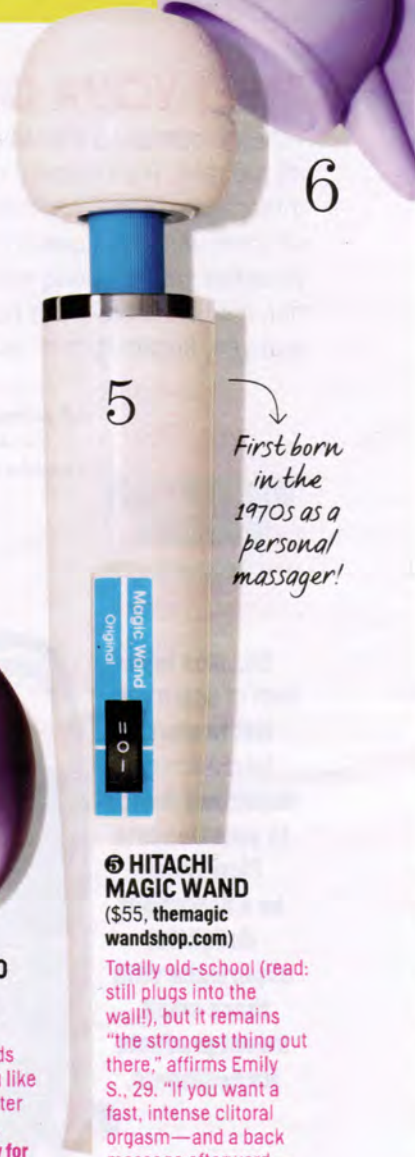


3 LELO SORAYA (\$199, lelo.com)
"This feels just like Barry White sounds," raves Leah A., 26. "So perfect, it felt like someone took a mold of my vagina. It is powerful but can also be gentle and discreet." Soraya is armed with one vibrating motor for internal stimulation and another for your clitoris. Choose from three speeds and eight vibration modes. "I urge you, try them all," says Leah. "No hyperbole: the Soraya is the best pleasure object I've ever used. We need to start a not-for-profit that gives this thing to every woman on the planet."

No joke: Gave our reviewer multiple orgasms.



4 JE JOUE MIO COCK RING (\$99, jejoue.com)
"To warp the words of Beyoncé, if you like him, then you better put a ring on him. This is a total party for everybody involved—it slips on easily, and the vibrations were a surprising sensation on my husband's penis and buzzed me to orgasm when I was on top. Thoroughly heartwarming to have a sex toy that makes everybody happy!" —Melissa W., 29



6 HITACHI MAGIC WAND (\$55, themagicwandshop.com)
Totally old-school (read: still plugs into the wall!), but it remains "the strongest thing out there," affirms Emily S., 29. "If you want a fast, intense clitoral orgasm—and a back massage afterward—it's really the mother of all vibrators." Just be warned: its earthquake-like vibrations are on the loud side. Use it with the **Flutter Tip Wand Attachment** (\$25, thepleasurechest.com). Popped atop the Wand, it simulates cunnilingus: "So soft, it felt like a fancy upgrade," says Emily. "Even if my dachshund thought it was a new dog toy."

CALLING ALL SEX-TOY SHOPPERS

You research the sh*t out of your new cell phone before buying—shouldn't you be equally informed about the gadgets bringing you to orgasm? Embrace these tips like a lover....

Silicone Is Sexy... Toys made of this medical-grade material are safest because they're slick—there are no tiny holes that can trap bacteria between sexual adventures. Also saucy and sanitary: glass, stainless-steel, and hard-plastic get-you-off gadgets.

...Phthalates Aren't Look for labels announcing toys that are free of these chemicals, which are used to soften everyday plastics but don't necessarily belong inside your vagina (or rubbing on his Big Lebowski).

Sex Yourself Clean... Always lather new naughty toys with soap and water. Repeat and air-dry (towels can leave lint on the vibe) before and after play. Check manuals—some vibes are dishwasher safe!

**(BEN WA)
BALLS
OUT
ADVANCED**

A master of toys, you're so advanced, you could school Christian Grey in kinky crop-spanking. In fact, you're probably pulsing your vibrating Kegel balls as we speak. #Respect



1

1 SPORTSHEETS STUDDER XO CROP
(\$15, sex-toy stores)

"After two glasses of red wine, I beckoned my guy into the bedroom and told him he was in trouble for not finishing his weekend chores. Big smile on his face, he was game....I started with soft taps and built up to harder hitting. He said it hurt...but didn't care. The crop is high quality and made me feel powerful, and the studs added to the excitement. A little pain goes a long way to spike up your sex drive."
—Melissa E., 29

2



2 FUN FACTORY STRONIC ZWEI
(\$200, thepleasurechest.com)

No cuddly clit-tickling here: This is a straight-up penetrator intended for internal thrusting. "I had to warm myself up with lube for a good 10 minutes before it slid in comfortably," says Melanie T., 24. "But once it did...magic. Usually, I'm a clit-focused kind of gal, but when I pressed upward toward my G-spot and circled around, I ended up switching through almost all 10 settings. It delivers serious action when you're in the mood for a good G-spot orgasm....Giddy up!"

3 LELO LUNA BEADS
(\$47, lelo.com)

Vagina weight lifting: yes, it's a thing. Thanks to *Fifty Shades of Grey*, Kegel balls—small, weighted balls on a string, historically called Ben Wa balls—are the hottest sex toy of the moment. Inserted into the vagina for foreplay teasing or pelvic-floor-muscle strengthening, the Luna Beads vibrate lightly when inside you. "It was strange at first feeling the extra weight inside, but I got used to it. I walked with them to and from errands or just around my apartment," says Renee J., 23. "My guy said he could tell the difference during sex when I clinched."



3

Strengthen your muscles... and your orgasms.

Three motors = triple your pleasure.

4



4 OHMIBOD CLUB VIBE
(\$79, ticklekitty.com)

"I can wear this little vibrator in my thong, set it to vibrate to music, or have my boyfriend control it with a remote control from across the room? Count me in!" says Emily V., 25. "It comes with a bulky one-size-fits-all pair of undies, but the vibe was small enough to fit under the lip of my Victoria's Secret lace thong. The best settings are the ones that vibrate to the beat of the bass. As a dance-music addict, the music that gets me off was literally getting me off... in public. Talk about a dirty little secret."

5



5 OHMIBOD LOVELIFE ADVENTURE TRIPLE STIM VIBRATOR
(\$99, ohmibod.com)

This overachiever boasts three branches that tickle the clitoris, G-spot, and butt. "At first, I was freaked out about having the one branch near my butt, but it was such a mellow tickle, I actually found the sensation new and titillating."
—Lila R., 23

...and Green If you want to make Mother Nature O, look for the new wave of sexcessories with rechargeable, cell-like batteries or ones that power up via a USB port. These snazzy toys are often pricier, but they also buzz harder and last longer...

Bawdy Buyer, Beware Make sure you're not paying for a used sex toy (gag) by shopping at a toy boutique whose policy is to accept returns only for broken playthings.

Also note privacy policies: If you don't want your mailman/roommate to know you're buying a vibe, order online from one of the best in the naughty business—like Babeland or The Pleasure Chest. Both use covert names that won't embarrass you on your credit-card statement and plain shipping boxes with no store logo. Business on the outside; sex party inside!

SOURCES: SADIE ALLISON, AUTHOR OF TOYGASMS; CLAIRE CAVANAH, COFOUNDER OF BABELAND



Are You a Sexplorer?

They're like
the Lewis and
Clark of sex.

BY ELISA BENSON



1. At brunch, the Samantha of your group shares the saga of her latest one-night stand—starring a Hitachi Magic Wand, a leather blindfold, and Dario Franchitti 2.0. You:

- a.** Order a second Bloody Mary and try to calm the increasingly hysterical Charlotte in your head.
- b.** Get as many details as possible. You may be a novice at sex toys with the horsepower of a Ferrari, but hopefully not for long.
- c.** Jump in with your own Berlusconi bunga bunga story. Ah, the presidential suite... #Memories #2010



2. You're in bed with your new manfriend, and his frisky hands keep venturing back to your butt. How do you address his anal fixation?

- a.** Shut it down—that's an exit, not an entrance. You're traumatized enough by an accidental "wrong hole" slip.
- b.** You'd consider it if he was really into it, super gentle, and also...wine. A month of free oral for you and he's got a deal.
- c.** Bring on the butt play. In lube—and beaded butt plugs—you trust. That's basically your life motto.



3. Your boyfriend's sleeping over after work tonight. Maybe you should surprise him with some naughty underthings? A quick scan of your lingerie drawer reveals:

- a.** An array of nude briefs (from taupe to beige), some misshapen Hanes sports bras, and your trusty full-body Spanx!
- b.** Plenty of Cosabella boy shorts, some sheer, which have caused a boner or two. C'mon, you're not totally clueless....
- c.** Please. Agent Provocateur just called for your feedback about their 2014 silk nipple-tassel collection.



4. Your guy keeps dropping hints about a role-play fantasy—something about his high school locker room and a postshower spanking? You:

- a.** Wonder aloud if you can get athlete's foot on places besides feet...then go take a therapeutic bubble bath.
- b.** Google "Varsity Blues whipped cream bikini scene." Your goal: Re-create it for your anniversary. You have three months to prep.
- c.** Order pom-poms online, and Snapchat him a pic of yourself in a cheer-leading skirt. Boom goes the dynamite tonight....



5. The cute dude you're newly sexing has one move, and unfortunately for you and your clitoris, that move is the jackhammer. You:

- a.** Close your eyes, picture Channing Tatum's pecs, and pray it's over quick, making a mental note to ghost him from your phone ASAP.
- b.** Grab his butt and try slowing the bump-and-grind, which he somehow misinterprets as encouragement (!?!).
- c.** Unlock your handcuffs (with your teeth), flip out of missionary, and mount him. You'll show this fool a thing or two about a thing or two.

The Breakdown

Mostly A's *You're a Sexual Homebody*

Your erotic passport is depressingly empty—but it doesn't have to be! "The easiest way to become more sexually adventurous is to introduce humor into the bedroom," says sex therapist Sadie Allison. Read cheesy erotica out loud together, or buy your guy a hilarious penis holster thong (Google it), and have him model it. "Creating laughter can feel more natural than trying to be sexy, but it has the same effect of deepening your bond," Allison says. Truth.

Mostly B's *You Need a Tour Guide*

You're happy to tag along on a sexual expedition, but you're not one to take the lead. It's time to figure out what gets you off—then try it with your guy. "There's nothing wrong with planning ahead," says Allison. "For example, think about something dirty you want to say in bed and actually practice it during the day—your sexual self-esteem will skyrocket."

Mostly C's *You're the Christopher Columbus of Sex*

Congrats! You have no problem sailing into a stormy ocean of sexual adventure. But for all the kink websites bookmarked on your iPhone and handcuffs in your dresser, don't forget to tone things down once in a while and enjoy some old-school sex—just you and your man, no riding crops. That's some serious sexploration.