He's asking himself a question too: How the hell did I get so lucky?

Sex Guestions (Answered in 20 Words or Less)

LUSP

A Cosmo Crash Course

Learning about sex is like sex itself: You're eager to invest time in doing it, but now and again, you want it to be fast and furious. Well, consider this the ultimate quickie collection of answers to your most burning carnal queries. Trust us, it'll leave you satisfied.

By Laura Leu

Can I really tell how big a guy is by the size of his hands or feet? No

2 I'd like to have phone sex with my long-distance boyfriend, but I'm shy. How can I loosen up? Try writing out some fantasies in a journal first.

3 What's the best song to do a striptease to? "Justify My Love," by Madonna 9 Can I have sex if I have a yeast infection?

It's a bad idea; you could end up passing the infection to your partner.

10 Do guys have a G-spot? Yep—it's the prostate gland, and it's accessible via his back door or by putting pressure on his perineum.

11 What are some good ways to combat vaginal dryness? Stop taking decongestants and antihistamines, get tested for low estrogen, and use a water-based lube.

12 Are there any reliable at-home STD tests or is it necessary to go to the doctor? There are tests you administer at home before sending results to a lab. But see a doctor to be sure.

Are condoms still effective underwater?

They're not tested underwater, so there's no assurance they'll hold up.

14 How can I best stimulate his perineum?

Rock the part of your finger between the second and third knuckle over it, using moderate pressure. **19** Even when my boyfriend is superattentive and I'm really turned on, I can't orgasm. Is there something wrong with me? No

20 If my boyfriend and I both have the same sexually transmitted disease, do we still have to use a condom?

No, if you are on the Pill, have the same bacterial STD (like gonorrhea), and are both on antibiotics

21 What is the longest-lasting position for a man?

Any done in quick succession—the more often you switch positions, the longer he'll last.

22 Can I eat anything to change the way I taste down there? Foods like garlic and asparagus might make you slightly more pungent, whereas fruits like pineapple may sweeten you up.

23 Can two people know if they have great sexual chemistry before they even touch? Do you feel butterflies, tingles, etc.? Bingo.

> 25 Can a woman

My boyfriend won't climax when I go down on him, no matter what I do. Is something wrong? Not at all

Katrina Bailey. (On her) bra: Only Hearts by Helena

t editor: Maggle Hong, Hair: Marco Testa at ba-reps.

5 What's the most common male fantasy? A threesome with two women

on y? vith perineum...b not pain. What posi- 16 What's the

• He's almost too big. What positions are good for him to ease his way into me without hurting? Anything where you can control the speed and depth of penetration, such as girl on top

7 I heard some guys like you to use your teeth during a blow job. Is that true? A small minority do. For both of your

A small minority do. For both of your sakes, be sure to ask first.

8 My boyfriend's penis curves to one side when he's hard. Should he be worried about that? Some curvature is normal. If it is severe or hurts, he may have Peyronie's disease and should consult a doctor.

Do blue balls actually exist? Prolonged erections can cause discomfort in the testicles and perineum...but not pain

> 16 What's the best way to use a vibrator during sex? Slip a vibrating ring—you can buy them online—onto his penis. It'll turn

> him into a human vibrator. **17** What's some dirty talk I can use so I don't freak him out and feel so embarrassed?

"I love how you feel inside me," "God, you're so hard," and "Right there. Right there!"

18 I've been told I have a small clitoris. Could that be why I have so much trouble reaching orgasm when I have sex?

No, it just isn't being adequately stimulated and might need a tongue instead of a penis.

Why do I feel horny during my period? You know there's less chance of pregnancy, and you're better lubricated.

> 26 My guy always slips out whenever we switch positions. Are we doing something wrong? Nope, but he can try tightening his butt during transitions to help him stay in.

> **27** I actually orgasm way faster than he does. Is there a way to slow myself down?

Why slow down? Orgasm, go down on him while you rest (if needed), then aim for number two!

28 I want to try anal, but I'm scared it'll hurt. What can I do to make sure it's pleasurable? Communicate, use plenty of lube, experiment first with a finger (then two), and go slow.



29 Is there a way I can have erotic dreams more often? Replay a sexy scenario in your mind as you're falling asleep.

30 My boyfriend takes Viagra but doesn't need to. Should I be worried about any long-term effects? The long-term effects aren't fully known, but he could become psychologically dependent on it.

31 I'm dating a bad kisser. Does that mean he'll totally suck in the sack? Maybe

32 How can I get my man to be more dominant in bed? Unleash some light aggression on him-pin his wrists, bite softlyto let him know he can get rowdy.

33 Why is my guy so distant right after we have sex? Chemicals are released in his brain that make him sleepy.

34 When I'm going down on him, do I have to take all of him into my mouth? Nope. Your mouth can focus on the supersensitive tip while your hand strokes his shaft.

35 Is it possible for me to masturbate too much? Only if you're more concerned about earning an orgasm than a paycheck

36 Can a guy have an orgasm without ejaculating? Yes

37 How should I use my pubococcygeus muscles during sex?

Flex your muscles while he's inside you, then release. Pulsate at different rates.

38 Is there such a thing as being too wet during sex? No

39 When is an ejaculation premature?

If he can't thrust for more than two minutes. But if either of you feels bad, that counts too.

40 I love to role-play, but I've done the clichés (teacher and student, etc.). What are some other characters that would be fun in the bedroom? Cab driver and passenger. MILF and horny teenage guy, Brad and Angelina...

41 Why do I feel like I have to pee during sex?

Because your bladder lies close to the front vaginal wall. It's very unlikely that you'll actually pee.

42 Do female sexual enhancers work? The Food and Drug Administration doesn't seem to think so.

43 I am self-conscious about my tummy but don't want to keep my shirt on. How do I hide it during sex? Lie on your back and let gravity do its work, lie on your stomach, or do it doggie-style.

44 I want to be spanked! How do I tell him without sounding weird? Spank him first.

45 Can I lose sensation from using a vibrator too often? Yes, but only temporarily and if

you leave it on one spot too long

46 How firm should my grip be when I'm giving hand jobs? Think of how hard you could squeeze an unpeeled banana without it squishing.

47 I'm often sore after sex. Is there a way to prevent that? Use a good lube, and ask him to go slow. If you're still hurting after that, call your doc.

48 How do I clean my sex toys?

Use mild soap and warm water with a facecloth.

49 What's a sexy way to put on a condom? With your mouth, hands behind

your back

50 My guy's penis is kinda small. What can I do to make it feel bigger? Opt for doggie-style sex.

51 I don't swallow, so is there a way to get rid of "it" gracefully?

Keep a box of tissues handy, pretend to wipe your face, and nonchalantly spit it into one of them.

If he doesn't make noises, how can I tell if he likes what I'm doing? Look for a "sex flush" on his stomach and chest...or better vet.

> 54 How do you inspect a penis for signs of an STD without his knowing? Check it out while you're caressing him. Look for sores, redness, and odd secretions or smells. But that's not foolproof!

55 My boyfriend wants me to play with his back door. What the hell am I supposed to do with it?

Gently rub it with your finger. If he's, ahem, receptive, slowly insert your (lubed) digit.

56 Is there a way to test to make sure a condom won't break before using it? Nope...and doing your own tests can weaken it.

57 I want to do it in a hot tub. Bad idea? Yes

This is what the answer to 40 looks ke in action.

How many orgasms in a row can

a woman have? No one knows for

played with? Some do, some don't. See how your guy

53

Do men want

their nipples

59 What can I use to tie up my boyfriend? Look in your closet-scarves and tights make great bondage gear.

60 Is it too OCD to ask him to wash his hands before he uses them on-or in-me? No. And while you're at it, ask him to trim his fingernails, just to be safe.

61 My guy hits my cervix constantly when we have sex, and it kills. Is there a way to prevent it without making things way less fun for him? The spoon position (both on your sides, him behind you) keeps penetration shallow.

62 What's the best position for clitoral stimulation? You on top, which facilitates maximum grindage against his pelvis

just ask him.