

50 Sexy Ways to Touch Him There

When you're handling his package, he's so damn grateful, he'd never complain even if your skills were a little lacking. To really pamper his privates, add these caresses to your repertoire.

By Lisa Jones

▶ Every girl has go-to moves she uses when handling her guy. They're straightforward and simple, and you know they'll get him off. But sticking only with those? Snore. "Chances are, he'll appreciate just the fact that you want to touch his penis, but changing it up can keep it exciting and erotic for both of you," says Ian Kerner, PhD, author of *He Comes*

Next. We talked to the leading penis-pleasing experts and collected a mind-blowing collection of creative techniques for you to try.

Pants Off, Hands On!

1 Lightly tap up and down his shaft with your fingers, like you're playing a piano with one hand. This helps him get and stay hard by keeping blood flowing into the spongy tissue of his penis.

2 Stroke down his length with one hand to make the skin taut and expose more nerve endings. Then wrap your other hand around the head of his penis and slide it up and down. Use a drop of lube to make sure you don't chafe his sensitive skin.

3 Take his penis between your open palms and, using your hands like ping-pong paddles, very lightly bat it back and forth. The quick touches feel invigorating and increase circulation to the surface of the skin.

4 Interlock your fingers around his shaft, and place the pads of both thumbs on the underside (at the frenulum; see "Manatomy Explained" for where to find it). Press firmly, massaging dime-size circles into his sweet spot, moving your right thumb clockwise and your left thumb counterclockwise.

5 Make an "okay" sign around the head of his penis, then stroke downward and follow immediately with your other hand, making the same motion. Take it again from the top. Keep repeating, then reverse directions and pull upward to mix things up.

6 Grasp the lower shaft of his penis with one fist and the upper part of his penis with your other fist (both hands should be lubed up). Then lightly twist your hands in opposite directions, as though you're wringing a towel dry.

7 Make a ring with your thumb and index finger around the base of his shaft, and gently squeeze. This turns your fingers into a human penis ring—retaining blood in his penis and boosting his pleasure. Use the other hand, in a fist grip, to pull up and twist at the head. Then bring your hand back down to meet the ring.

8 Using the same ring grip, squeeze for a second, then repeat as you make your way up his penis from the base to the head. The mix of pressures will keep him alert.

9 Give your guy a hand in the shower: Approach him from behind and rub your breasts against his sudsy back, then reach around to stimulate his penis. Grab his erect shaft using a fistlike grip with your thumb near the tip, and use an up-and-down jerking motion to mimic the way he handles himself. (Hint: Conditioner will make things more slippery.)

10 Place your lubed palms on either side of his shaft, and rub them back and forth, as if you're trying to start a fire.

11 Hold him by the base of his shaft with one hand, and wrap the fingertips of your other hand around the head so that it's pointing toward your palm. Then grab his corona—the edge separating the head and shaft—and pull up and down, stroking just along this extra-sensitive ridge.

12 Put one hand at the base of his member, and grip firmly. As you begin to move that hand toward the head, place your other hand on the base and follow it up. When a hand reaches the top, start again, so that both hands are constantly stroking him.

13 Press his penis against surprising parts of your body. Ideas: Hold it against your inner thigh to tease him like crazy; touch the tip of his penis against your breast, and rub his frenulum against your nipple; or bring the side of his

shaft against the outside of one of your cheeks, then put it up to your lips and cover it with wet kisses.

Treat His Testicles

14 As you're kissing, gently cradle his testicles in the palm of your hand. No need to do anything but hold them—your warm hand and smooches will instantly arouse him.

15 Move the pad of your index finger in circles against the base of his shaft. Your finger should just barely tickle the top of his scrotum.

16 Play with very light pinching on his scrotal skin in the area where the base of the shaft meets the testicles. Warning: just the skin—not the jewels!

17 Encircle his testicles at the base, massaging them lightly between your thumb and index finger, then gently pull them away from his body so you're holding them in a compact sack. (This will expose more nerve endings and increase his pleasure level.) Lightly stroke them with your fingertips.

18 Wrap both hands around his penis, one above the other, then move the top hand toward the head of his penis and the other hand down toward his testicles so that you're essentially gently tugging up on his penis with one hand and down on the testicles with the other. Hold for a moment to let him register the feeling that his erection is getting even bigger, then release and repeat.

19 Straddle his chest while facing his feet. Lube up your hands, and place one between his legs with your fingers draped over his testicles. Then drag your fingers lightly up and over his testicles and penis, all the way to his

belly. Repeat with your other hand, and continue to alternate for a tantalizing massage.

20 Rub the flat sides of your fingernails (not the edges!) against his scrotum to give him a different sensation. They are harder and smoother and feel a little cooler than your fingertips.

21 Take one or both of his testicles into your mouth (watch your teeth!). Hold there, and swirl your tongue around or suck gently. The testicles are very sensitive—light pressure is best.

22 Trace the seam that runs down the middle of his testicles with your tongue.

23 As you're cradling his testicles with one hand, place a knuckle from your other hand against his perineum (the super-sensitive area between his testicles and anus), and vibrate it.

Get Mouthy

24 Gently but confidently tap the head of his penis against your tongue while making smoldering eye contact with him.

25 With your tongue wide and relaxed, lap his penis from his testicles to the tip, as you would a yummy melting ice-cream cone.

26 Lie flat on a bed with your head hanging backward over the side as he stands facing you. Take his penis into your mouth; use your hands on his waist to control his thrusting. It's an easy way to give him some deep-throat action without triggering a wicked gag reflex. (Just be sure to tell him not to push it!)

27 Try this "shallow throat" trick: Press the tip of your tongue to the roof of your

mouth to protect the back of your throat. Bring his penis into your mouth; when his head hits the back of your tongue, it will give him a feeling similar to when you deep-throat.

28 Swivel your neck left and right while he's in your mouth—it'll feel like your mouth is swirling around him.

29 Stick out your tongue. Then hold still as you take his penis at the base and quickly shake it from side to side so that the head slides against your tongue with firm pressure. Warning: This intense motion on the most sensitive part of his penis could bring him to orgasm quickly.

30 Take the head of his penis in and out of your mouth while you simultaneously rub his shaft back and forth between your palms. This way, you stimulate his penis in four(!) directions at once.

31 Guide his penis at an angle inside your mouth so that it hits the inside of one cheek, then move your head so his penis goes slowly in and out. The soft texture of your cheek will feel good on his tip.

32 Vocalize your enthusiasm with *aahs* and *oohs* while you have him in your mouth. Knowing you're enjoying yourself will be a huge turn-on, plus the vibrations will skyrocket his bliss.

33 For every 10 licks, take your mouth all the way up and off his package. Pause for a few agonizing beats to tease him with a smile before going back down.

34 Flick your tongue around the base of his penis—it's typically a neglected spot.

35 Take him into your mouth for a few shallow sucks, then one deeper one, then back to shallow. This will keep him guessing when a deep moment is coming.

Manatomy Explained

You don't need a detailed diagram, but it helps to know what's happening below his belt.

Glans: The helmet-shaped head. It is filled with nerves and, therefore, much more sensitive than the shaft.

Corona: The nerve-packed protruding ridge around the bottom of the glans, just above where it meets the shaft

Frenulum: A little nub of tissue on the underside of the penis (where the face would be if the glans really were a helmet). Lots of nerves converge here, making it a hot spot for most guys.

Meatu: The hole at the tip of the glans through which he urinates and ejaculates

Scrotum: The wrinkly skinned pouch that holds the testicles. In order to keep your guy's sperm at prime fertility, the skin actually expands or retracts depending on whether his boys need to cool down or heat up.

Testicles: The two walnut-size glands that function as sperm and testosterone factories. They're also an erogenous zone with plenty of pleasure- or pain-producing nerve endings.

Prostate: A small gland that can be felt a few inches inside a man's rectum. Often called the male G-spot, it can feel good when stimulated. For a less, er, probing way to please it, see number 23.

SOURCE: HARRY FISCH, MD



"Can you do number 32 every day for the rest of my life?"

36 Cover your teeth with your lips and nibble along his fully erect shaft.

37 While you're moving your mouth up and down, put the tip of your tongue under the ridge of the head of his penis and press against the frenulum.

38 Explore the tiny hole on the head where the semen comes out. It has lots of nerve endings around it; pressing your tongue against it feels totally new and tantalizing.

Mix It Up

39 Take off his silk tie (or your silky underwear) and wrap it around his package and/or rub him through the cloth.

40 Close your mouth around the upper part of his penis, and suck on the head like you're using a straw to suck up a milkshake. Most guys aren't used to this kind of suction, so it will be a pleasant surprise.

41 If your hair is long enough, lightly drag it over his penis and testicles, all the way up his chest, and back down.

42 Experiment with pleasurable temperature changes. Before and during oral sex,

have a hot drink to make your mouth extrawarm or suck on ice for a cold sensation.

43 Using a soft, clean makeup brush, lightly dust over his testicles, penis, inner thighs, and abdomen in sweeping circular motions. It provides an enjoyable subtle sensation that's stronger than a feather but lighter than your fingertips.

Repeated circles on the scrotum will feel especially good.

44 Tease him by touching his package before it's unwrapped. Confidently squeeze him through his boxer shorts—the friction against the fabric will feel amazing.

45 For another surprising texture, try looping a faux pearl

necklace around his well-lubed penis and lightly rolling it back and forth as you're performing oral sex on him. (Be careful though: Too much pressure could be rough on his skin.)

46 Don a pair of latex or rubber gloves. Lube up, and use them to massage his erection. The gloves provide a sexy, slightly S&M texture for him—not to mention some inspiration for naughty nurse or doctor role-play.

47 Place a vibrating penis ring around the base of his shaft to give him a buzz while you perform his all-time favorite oral or manual move.

48 Rub a warm washcloth over his entire package, then swaddle his testicles in it. (A washcloth on your nightstand won't stay warm for very long, so save this idea for when you're in the shower together.)

49 Share your girlie toys—wrap your hands around a vibrator and his shaft as you suck on the head, press a vibe against the base of his penis between his testicles, or place it on the outside of your cheek while you suck on his penis.

50 Try licking his shaft and then blowing on it. This will cause moisture to evaporate and give him chills. Or breathe on it with your mouth wide open, like you would blow on your hands to warm them on a cold day. The sexy heat will be intense.

If He's Uncircumcized

The only difference between a cut guy and an uncut guy is a little extra skin—which you have to treat a bit differently. Our experts suggest these turtleneck-pleasing tricks.

◆ When his penis is soft, slide your thumb between the foreskin and the head of his penis (use your forefinger and middle finger to pull the skin up to get your thumb in there). Then gently massage your thumb on the inside and index finger on the outside, rolling the foreskin between them.

◆ Stretch the foreskin by holding it between your fingers and your thumb and pulling it above the head of his penis. It's a sensation that sex doesn't provide, so it will be an eye-opener for him.

▲ Wrap your hand around the head of the penis with the foreskin covering it, and then move up and down so the foreskin is rubbing over the head.

SOURCES: SADIE ALLISON; HARRY FISCH, MD; IAN KERNER, PHD

SOURCES: SADIE ALLISON, AUTHOR OF *TICKLE HIS PICKLE*; SONIA BORG, PHD, AUTHOR OF *ORAL SEX HELL NEVER FORGET: POSITIONS AND TECHNIQUES THAT TAKE ORAL SEX FOR HIM FROM ORDINARY TO EXTRAORDINARY*; IAN KERNER, PHD, AUTHOR OF *PASSIONISTA*; JAIYA, COAUTHOR OF *RED HOT TOUCH: A HEAD-TO-TOE HANDBOOK FOR MIND-BLOWING ORGASMS*; PAUL JOANNIDES, PSYD, AUTHOR OF *GUIDE TO GETTING IT ON*; PATTI TAYLOR, PHD, AUTHOR OF *EXPANDED ORGASM*

Love&Lust

**Handle
With Care**

Every man has his own preference when it comes to firmness of grip. Try different pressures to see what your guy responds to best.

SOURCE: HARRY FISCH, MD