

67 New Blow-His-Mind Moves

Since this is The Sexy Issue, we rounded up the most stellar mix of tips to date. They're so sizzling, they should come with a warning label!

By Myatt Murphy

He'll have to call Bob back in an hour...or three.

8

"While I was on the phone, my girl walked in, undressed, and took me without saying a word."

—Jeremy, 26

■ Truly spectacular sex skills, and the widest mix of stuff, come from a variety of sources. To bring you the absolute cream of the crop, we grilled guys for the unique techniques that left them speechless and spent, convinced chicks to reveal their best send-him-to-the-moon secrets, and asked pros for their never-fail standbys. Add some of these to your erotic arsenal, and then watch his sheets smolder.

MATTRESS TRICKS HE CRAVES

1 “This one girl put sex on pause when we changed positions by crawling to a new spot and touching herself for a minute. It created build-up *and* gave me a hot view.” —Tim, 27

2 “I had no idea there were so many nerves in my spine until a woman licked from my neck to my tailbone. It felt taboo when her tongue ventured close to my butt.” —Daniel, 30

3 “My girlfriend and I grabbed each other’s nipples during sex and squeezed them in sync with every thrust. The mix of pain and pleasure took me over the top.” —Ronaldo, 24

4 “I melt when a girl screams a foreign phrase in bed. I was with one woman who used to yell *Mucho gusto!* I loved it. Turns out, it means ‘nice to meet you.’” —Gordon, 32

5 “My girl changes her look when we have sex, like by keeping her jewelry on or wearing her hair differently. It’s like I’m making love to a new side of her every time.” —Vin, 27

6 “My girlfriend showed up at my door in a trashy outfit and introduced herself as my chick’s naughty pretend twin sister, Candy. She pushed me against the wall, we had mad sex, and then she left. The next day, she acted like nothing happened.” —JR, 27

7 “One night, my girl massaged her boobs with lotion and then rubbed them over my body.” —Ben, 26

9 “I had a girl take a sip of champagne and then pop a mint into her mouth before going down on me. The bubbles dissolved the mint faster and made it so tingly that I almost exploded!” —Eric, 25

10 “My ex had me lie on the bed, gave me a rubdown, and then unexpectedly pulled a scarf out of her drawer and tied my hands behind my back. The juxtaposition of her pampering me and then suddenly becoming aggressive was wild.” —Scott, 30

11 “In the middle of giving me oral, this woman I was dating grabbed my penis and playfully ran it over her neck, breasts, thighs, and butt before returning to tongue action.” —Artie, 32

12 “My woman e-mailed me erotic Website links throughout the day. The first was for lingerie she had bought online; then I got a sex-toy link, followed by a site describing a position I figured she wanted to try. It was like eight hours of foreplay!” —Shawn, 26

13 “If a girl fondles her breasts, it turns average sex into awesome sex. If she licks them or flicks her tongue toward her nipples, it becomes out of this world.” —Darin, 23

14 “While in missionary, this chick grabbed my butt, pulled me in, and told me not to resume pumping until she climaxed. Then she began stroking her clitoris. The agony of watching her masturbate while I was inside her nearly killed me, but as soon as she finished, I had the most powerful orgasm ever.” —Andy, 24

15 “My girlfriend and I take turns whispering simple, sexy commands, like ‘Kiss my left thigh’ or ‘Bite my lower lip.’” —Kyle, 26

16 “This one girl wouldn’t let me manually guide my shaft into her, so I had to navigate without using any hands.” —Marshall, 23

17 “One chick draped silk panties over the tip of my penis, held one end in each hand, and then moved her hands back and forth, rubbing the head like she was polishing an apple.” —Kenny, 24

18 “When a girl gasps as I slip inside her, it’s like she’s been aching for me all day.” —Chad, 30

19 “While giving me oral, my girlfriend simultaneously stimulated herself with a vibrator and then pressed it against the base of my penis just as I climaxed.” —Scott, 26

20 “I can tell what my lady’s craving during sex by the way she handles my ass. She grips tighter for deeper penetration and gently rubs to slow things down.” —Ryan, 21

21 “My woman made an audio recording of the sounds she made while pleasuring herself and then downloaded the track onto my MP3 player.” —Darren, 27

22 “When my girlfriend found a tear in her sheet, she pulled my penis through the hole, and we had sex with the material separating us. The fact that the only parts of our bodies that touched were our naughty bits made it feel forbidden.” —Samuel, 27

23 “If a girl pins down my arms with her hands while she rides me, I feel like a rock star. It’s like she needs 100 percent of my penis, with no interruptions allowed.” —Nelson, 27

24 “I had a girl instruct me to stay inside her as we transitioned from missionary to her on top. We ended up discovering new positions along the way!” —David, 26

25 “My girlfriend wore a ripped tank top and fishnets to bed, then demanded I tear them off like I was opening a present.” —Chuck, 23

26 “A chick I dated slipped my member through her panties so it was pinned between her underwear and her groin. Then she rubbed forward and backward.” —Brian, 24

27 “One girl took advantage of my morning wood by climbing on top of me when I was asleep.” —Joe, 23

28 “This girl wrapped her lips around one of my nipples and began breathing. As she inhaled, the suction pulled my nipple and blasted it with heat. As she exhaled, the cool air pushed it down.” —Derek, 24

OTHER CHICKS’ HOTTEST TIPS

29 “In missionary, raise your legs straight up toward the ceiling, and close them together. The angle lets him go deeper and makes you feel tighter.” —Tina, 30

30 “Lean a full-length mirror against the corner of the bed while you go down on him so he can view you from back *and* front.” —Lia, 28

31 “Ask him to remove your panties using his mouth.” —Jen, 27

32 “Some guys are breast-obsessed, but they love butts too. So do it doggie-style more.” —Nicole, 26

33 “Lick him wherever he bends—behind his knees, on his waist. The skin there is extrathin and sensitive.” —Ingrid, 31

34 “Wear a skirt with no underwear. Tell him that, at some point, you’re going to bend over and expect him to take you.” —Margie, 27

35 “Try this only if you’re on the floor: When he’s on top, wrap your arms around each other, and rock from side to side. The blood rush he’ll get will amp up his orgasm.” —Sue, 27

36 “Place your hands on either side of his penis, and rub in a circular motion—like you’re trying to roll a ball out of clay—as you move them up and down his shaft.” —Kit, 26

37 “Knead the area between his testicles and back door with warming massage oil. The heat boosts blood flow to the area.” —Elle, 26

38 “Fondle his penis through his pants, then unzip them and tease him through his boxers. Touching through successively thinner layers will raise the intensity, so when you finally reach his actual skin, it will feel *amazing*.” —Colleen, 31

39 “Dab lube onto your palm, cup it over the head of his penis, and twist gently but quickly, like it’s a tiny doorknob.” —Becky, 26

40 “Sit him down with his legs open, straddle him, and lower yourself onto his member. Have him wrap his legs around your butt as you wrap yours around his waist, then lean away from each other with your hands flat behind you. Thrust back and forth while rotating your hips.” —Tania, 26

41 “Place your mouth over the back of his neck, and give him a deep kiss.” —Audrey, 26

42 “Take his member into your mouth, and suck hard as you slowly pull back up. Then swirl your tongue over the tip.” —Kia, 30

43 “Bend over the arm of a sofa, and have your man take you from behind.” —Angela, 29

44 “Guys love how it feels to enter you. Next time you have sex, ask him to pull out after 12 thrusts, and stroke his penis for a few seconds. Then let him penetrate again.” —Sarah, 28

45 “Act pleasantly surprised when you touch his penis by saying *mmm* or *oooh*.” —Joelle, 25

Fascinating



This guy's headed for a sex coma.

46 “Sprinkle a little pepper under his nose right before he climaxes. Sneezing can feel similar to an orgasm and amplify the feel-good effects.” —Cindy, 32

47 “When on top, lean forward, and cup your hands over his ears. Depriving him of this sense will heighten the others.” —Mary, 29

48 “Have a perfume that you wear only when you’re uncontrollably horny, and ravage him the moment you see him. Eventually, smelling it on you will automatically drive him bonkers.” —Kate, 32

49 “When he’s close to the finish line, prolong the pleasure by having him pull out his penis and rub it across your stomach until neither of you can stand it.” —*Maya, 31*

50 “Lotion up your hands, then place a fist on his erect penis, and push his member through. Once your hand reaches the bottom, place the other fist on his penis. Repeat, moving your hands faster so it feels like nonstop penetration.” —*Lisa, 31*

54 “While lying side by side, grab one of his hands, and use it to stimulate your clitoris. Then take his other hand, and guide his first two fingers inside you.” —*Samantha, 25*

SCORCHING SECRETS FROM SEX EXPERTS

55 Swirl your tongue around the skin just below the head on the underside of his penis (the frenulum), as though it’s a yummy lollipop.

59 Blow hot air from your mouth through his underwear.

60 Clip out this article, circle tips you know would push his buttons, and mail it to him anonymously.

61 During doggie-style sex, lean on one arm, reach back, and scratch his boys in a circular motion.

62 Place your fist knuckles-up against the area right behind his testicles. Quickly shake your fist to send powerful vibrations into his prostate gland (aka, the male G-spot).

63 Ask what songs he listened to in junior high, and play them during a hookup. It will take him back to that time when he was in an almost permanent state of horniness, triggering his primal urges.

64 Rub lotion along your inner thighs, and have him slide his penis in and out between them.

65 Use both sides of your tongue during oral: the bumpy top and the slick bottom.

66 Stand behind him, and stroke his penis. This positions your palm flat against his member’s sensitive underside, the same way he grips it when he masturbates. Then do a few things he can’t do himself, like whisper in his ear or kiss his back.

67 While giving him oral, form a ring with your thumb and forefinger at the base of his penis, and pull down so the skin of the shaft becomes taut and extrasensitive. Plus, the pressure traps blood there, adding to the intensity.

Facts on Men and Sex

- In the missionary position, a guy’s penis forms the shape of a boomerang, curving up to hit your fornix, a trigger point for female climax.
- The male orgasm lasts an average of 3 to 10 seconds.
- When a man spends time away from his mate, his sperm count increases the next time he peaks during the act.
- Guys thrust more quickly and deeply when having sex if they suspect their partner may be cheating on them.
- Twenty-eight percent of men have faked an orgasm.

SOURCES: UNIVERSITY HOSPITAL GRONINGEN STUDY; IAN KERNER, PHD; TODD SHACKELFORD, PHD, PROFESSOR OF PSYCHOLOGY AT FLORIDA ATLANTIC UNIVERSITY; MEN’S HEALTH SURVEY

—MOLLY CREEDEN

51 “Watch a steamy movie, like *9½ Weeks*. Then reenact the hottest scene.” —*Vickie, 29*

52 “Have him lie face-up on the bed with one side of his body pressed against the wall. Stand above him, lean your back against the same wall, lower yourself onto his penis, and then slide up and down, using your hands for leverage. The angle will stimulate his penis differently, and the view of you riding him sidesaddle will be seared into his memory.” —*Callie, 26*

53 “Very softly bite the skin of his scrotum.” —*Karen, 26*

56 During sex, place your fingers on his tailbone, and rapidly press and release. This stimulates the coccygeal nerve, a small mass of vascular tissue, and gives him chills.

57 Treat him to a series of thrills—flash him, grind on his lap—but don’t finish him off. Go about your day as usual until finally indulging in toe-curling sex that night.

58 Midnooky, nibble anything that hangs from his body (earlobes, fingers). These appendages are rife with nerves, and stimulating them will supercharge his erection.

SOURCES: SADIE ALLISON, AUTHOR OF *RIDE ‘EM COWGIRLS*; SCOTT HALTZMAN, MD, AUTHOR OF *THE SECRETS OF HAPPILY MARRIED WOMEN*; JULIE JEFFRIES, COAUTHOR OF *RED-HOT TOUCH*; PATRICIA JOHNSON, COAUTHOR OF *TANTRA FOR EROTIC EMPOWERMENT*; IAN KERNER, PHD, AUTHOR OF *SEX DETOX*; ILONA PARIS, AUTHOR OF *YOU KNOW YOU LOVE IT*; NICCI TALBOT, AUTHOR OF *GOING DOWN*